

Optimized Student Learning (Lower School)

SAMPLE SCHEDULE								
TIME	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7	DAY 8
8:10-8:40	Chapel (Every Monday)	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
8:40-9:40	Core Classes*	Core Classes*	Core Classes*	Core Classes*	Core Classes*	Core Classes*	Core Classes*	Core Classes*
9:40-10:10	WIN Time Library/Executive Function Lessons							
10:10-11:20	Core Classes*	Core Classes*	Core Classes*	Core Classes*	Core Classes*	Core Classes*	Core Classes*	Core Classes*
11:20-11:55	Health & Wellness (PE, Dance, Counselor)	Health & Wellness (PE, Dance, Counselor)	Health & Wellness (PE, Dance, Counselor)	Health & Wellness (PE, Dance, Counselor)	Health & Wellness (PE, Dance, Counselor)	Health & Wellness (PE, Dance, Counselor)	Health & Wellness (PE, Dance, Counselor)	Health & Wellness (PE, Dance, Counselor)
11:55-12:00	Wash/ Prepare for Lunch	Wash/ Prepare for Lunch	Wash/ Prepare for Lunch	Wash/ Prepare for Lunch	Wash/ Prepare for Lunch	Wash/ Prepare for Lunch	Wash/ Prepare for Lunch	Wash/ Prepare for Lunch
12:00-12:30	Lunch							
12:30-12:50	Recess							
12:50-1:50	Core Classes*	Core Classes*	Core Classes*	Core Classes*	Core Classes*	Core Classes*	Core Classes*	Core Classes*
1:50-2:50	STREAM (Music, Drama, Art, Spanish, STEM)	STREAM (Music, Drama, Art, Spanish, STEM)	STREAM (Music, Drama, Art, Spanish, STEM)	STREAM (Music, Drama, Art, Spanish, STEM)	STREAM (Music, Drama, Art, Spanish, STEM)	STREAM (Music, Drama, Art, Spanish, STEM)	STREAM (Music, Drama, Art, Spanish, STEM)	STREAM (Music, Drama, Art, Spanish, STEM)
2:50-3:15	Closing Meeting	Closing Meeting	Closing Meeting	Closing Meeting	Closing Meeting	Closing Meeting	Closing Meeting	Closing Meeting
3:15 - 3:25	Dismissal							

Wednesday Start Times: Please note, each Wednesday the Morning Meeting will begin at 8:40am-9am. You may still drop your student o- at 7:45am and Extended Care will be offered at no charge until the school day begins (if a student is dropped o- earlier than 7:45am, the normal EC charges apply). The rest of the day will resume as scheduled (as shown above in chart).

The 2023-2024 innovative class schedule will:

- Promote academic excellence and program quality.
- Focus on time management and promote student well-being.
- Include less transition time, allowing for deeper and reflective learning, innovation, and intellectual curiosity.
- Provide community time and learning opportunities on and off campus.
- Enhance time for faculty and student collaboration.

Highlights of the Upper School schedule:

- Classes – Core classes for Kindergarten – Form 5 students with a vertical eight-day rotation. Specials occur daily, allowing for longer blocks of uninterrupted and interdisciplinary learning.
- Morning Meeting – Daily time for students to meet and create meaningful relationships as well as share an overall connection with peers and teachers.
- Community – The schedule allows more time for homeroom teachers and students to create a strong classroom community and a sense of belonging.
- Wellness - Space each day for calm reflection, celebrations, and closure. Specials, recess, and lunch are thoughtfully and strategically placed in the daily schedule. Plus, transition periods have been minimized.

*Core Classes will rotate throughout the week and include the following: Math, English, Science, and Social Studies.

